

The Abbey House Breakfast

We look forward to personally serving you a very high quality breakfast in our Intimate Abbey breakfast room. A sample menu is detailed below:

Breakfast is served 8:30am to 9:30am. Early breakfast is possible if ordered the night before.

To Start

Freshly squeezed orange juice, pressed apple juice, mango or peach juices.

Grapefruit segments or stewed prunes

Natural yoghurt

Our home-made Abbey House Muesli

Cornflakes

A selection of roasted nuts, dried fruits and organic seeds

Porridge served with cream and brown sugar

Full English Breakfast

*Free range eggs, boiled, poached,
fried or scrambled*

*Bacon, pork sausages, fried bread, tomatoes
or*

*Smoked haddock with poached egg
or*

*Grilled kipper whole on the bone or fillited
or*

Fresh baked croissant or roll with ham and cheese

Toast with your preferred tea or coffee to accompany breakfast:

traditional breakfast tea, Earl grey or Assam

herbal and fruit teas or hot chocolate

cafeteria coffee, regular or decaffeinated

toast - white or brown bread

Locally made marmalade, preserves and honey